



Parent Infant Classes

Inspired by the work of Magda Gerber

Facilitated by Susan Patrick, RIE III Candidate and Program Director
& Sasha Reedy, RIE II Candidate and Director of Temple Israel Day Schools
and monitored by Beverly Kovach, RIE Mentor and Teacher Trainer

Parent infant classes provide opportunities for parents to be together in a small group with their infant or toddler. Observation is an important part of the class with a shared discussion among the parents. Parents are encouraged to dialogue and problem solve with one another about particular issues with a skilled group facilitator.

Topics for Discussion:

- How routines of care promote capable and cooperative infants and toddlers
- Ways to foster social/emotional and intellectual development
- The importance of free movement and choice for your child
- How to read and respond to your child's cues
- The importance of play and exploration and its effect on development
- How to help your infant or toddler learn to self-regulate and self-soothe
- Developing healthy sleep patterns
- Establishing rituals that work
- Supporting collaboration among parents
- Discussing parent issues and concerns

Group Process:

- Warm-in time, observation, discussion of observation, and discussion of pertinent issues
- Classes are held weekly for one hour with maximum of 6 children in a group
- Children play and explore with a child facilitator while parents relax and enjoy what unfolds
- A parent facilitator available for guidance and parent discussion

Tuesdays 12pm-1pm
Ages 3-9 months

Tuesdays 1:30pm-2:30pm
Ages 10-18 months

Parent orientation prior to
start of class

Cost 6 weeks/\$150
Includes orientation and
book.

*Classes are held at
Temple Israel Day Schools
2004 East 22nd Place
for more information call
(918)747-3122*